

# Claremont Meadows Public School



Friday 13th March

Dear Parents/Carers,

Coronavirus: Please be advised that we currently have no students / families/ staff travelling in or/out of China. Nor at this stage have we had any students with the virus. Should this situation change there is a process all schools must follow and communication with parents will occur as quickly as possible. Should someone in your family develop the virus please keep your children at home and contact the school ASAP.

## Grandparents Day / Harmony Day– Postponed

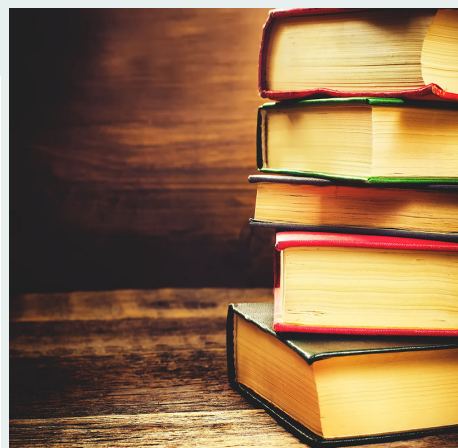
It is with the protection of our older community members that the decision has been made to postpone this event until a later date. Whilst we have no known outbreaks of the coronavirus, we do not want to put anyone at possible risk. We hope you understand and support this decision. Other whole school events will be monitored and decisions made closer to the events.

On Monday 2nd March our school Captains and Prefects attended the annual **National Young Leaders Day** at Darling Harbour. Students had the opportunity to listen to a range of guest speakers including John Coutis, Erin Molan, Rove McManus and build and develop their skills in leadership and communication. All students had a great day and thoroughly enjoyed listening to the speakers.

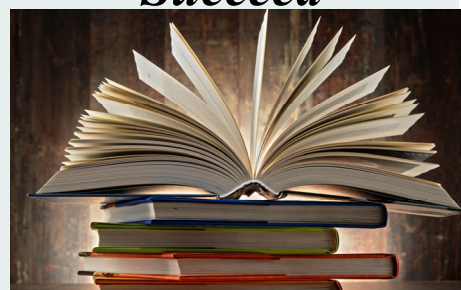


## From the Principal

S Le Ban  
Principal



*Grow, Believe  
Succeed*



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## Positive Behaviour for Learning



### **PBL - Super Roo token achievement across the school**

Over the past fortnight our PBL focus areas have been Respectful to adults and Respectful to our peers. Additional emphasis during these weeks included speaking politely and waiting patiently for your own turn. It was good to see so many Respectful Super Roo tokens from across all grades in our recent ice block draw. This week our focus area has been **Responsible for my actions**. Students have been reminded about taking responsibility for listening to the teachers' instructions, assisting their own learning. Taking care of personal belongings and our school environment are also some of the ways our Responsible (green token) can be attained for the ice block draw on Monday morning assembly. Please encourage your child to keep working hard across all of our PBL areas; Safe, Respectful, Responsible and Learner toward attaining Super Roo tokens.



*At Claremont Meadows P.S. we stand strongly by the values of:  
Respect, Responsibility, Safety and Learning and ask that you support and promote these with your children.*



### **DATES TO REMEMBER**

#### March Dates

- 20<sup>th</sup> Harmony Day
- 27<sup>th</sup> Cross Country

#### April Dates

- 3<sup>rd</sup> Assembly
  - 3-6 commences 1.30pm
  - K-2 commences 2.15pm
- 7<sup>th</sup> ANZAC Day Ceremony  
2pm. Under COLA
- 8<sup>th</sup> Principal's Morning Tea  
Token Tally BBQ  
Easter Hat Parade 1.30  
Under COLA  
Last Day for Term 1
- 9<sup>th</sup> - Staff Development Day
- 10<sup>th</sup> – Good Friday

**Term 2 school resumes  
for both staff and  
students on**

**Monday 27<sup>th</sup> April.**

## UPCOMING EVENTS

### Easter Hat Parade

Our annual and very popular parade will be held on Wednesday 8th April, It is expected that all students will participate in the parade.

Students are required to make a hat at home – be creative but keep it simple and inexpensive. Please do not attach chocolate eggs as they tend to melt.

A note will be distributed regarding details of the parade closer to the date.



### School Assembly

**Dates 1.30pm**

**Commencing Friday**

**Week 10, 3rd April**

Please note: this year due to the increase in school size we will be running Infants and Primary assemblies separately. Lunch times have been changed on a Friday only, to allow for the **Primary assembly to be held at 1.30-2.15pm** this will then be followed by the **Infants assembly 2.15-2.55pm. Whole School Assemblies will be trialled under the large COLA.**



**High school students** – there continues to be students coming onto our school grounds during school time. **All** High school students are required to wait at the school gates and come in once the 3pm bell rings. This process is in place because these students are interrupting the learning of our students for up to half an hour each day. Please speak with your older children and ask them to remain at the school gates. If this problem continues, the school gates will be locked and opened for the whole school community at 3pm each day. Sadly, there are about 10–15 students repeatedly spoiling this for everyone. Please help us with this matter.

***Just a reminder that the Staff Development Day for Term 2 has been moved to the last day of Term 1. School for students will end on Wednesday 8th March. The YMCA will be offering care on the Thursday. The first Monday of Term 2 will be for both staff and students.***

**Ms S Le Ban** Principal

**Mrs D Puckeridge**

Deputy Principal

## **Teaching Staff**

### **Kindergarten**

KT Mrs Tanner - AP

KM Mrs McPherson

KL Mrs Dutton

KD Mrs Dhawan

### **Year 1**

1V Mrs Kenny - AP

1W Mrs Warburton

1B Miss Homan

1H Mrs Hall

### **Year 2**

2C Ms Cremona - AP

2K Mrs Custodio

2H Mr Hadley

2G Miss Gauci

### **Year 3**

3B Mrs Blanch

3V Mrs Vleeskens

3S Miss Sorensen

### **Year 4**

4V Mrs Vassiliadis -AP

4C Miss Cohen

4Y Miss Younis

### **Year 5**

5M Miss Morawsky

5J Mr Jackson

5K Mr Kelly

### **Year 6**

6N Mr Nicholls -AP

6J Mrs Jackson

6X Mr Xuereb

### **Support Unit staff:**

Miss Speed -AP

Miss Moore

Mrs Atallah

Mrs Gett



# CMPS ZONE SWIM TEAM 2020



On Thursday 27<sup>th</sup> February Miss Gauci and Miss Cohen had the absolute pleasure of attending the 2020 Zone Swimming Carnival with our 23 student representatives. On the day our representatives demonstrated excellent sportsmanship, cheering the loudest for our fellow swimmers, and congratulating each other on smashing personal bests. On top of this our school **placed 4<sup>th</sup> in overall points!** A huge achievement in a zone of 25 schools. Individually we witnessed each student swim wonderfully with amazing results across all events. The following students achieving high placings putting them through to Regional held in a few weeks' time at the Olympic Pool, Homebush.

Mia-Rose F. – 50m Butterfly

Mary A. – 100m Open Freestyle, 50m Freestyle, 50m Breaststroke, 50m Butterfly

Madelyn F.L.– 50m Freestyle

Junior Girls Relay Team – Mary A., Charli M. Isabella-Stella D. and Anabelle V.

A huge congratulations to all representatives on a wonderful day of competition, sportsmanship and personal bests! Claremont Meadows is very proud of all of your achievements!



## School Staff

### Unit Support Staff

Mrs Trivarelli  
Mrs Walton  
Mrs Torrington

### Teacher Support Staff

Mrs Pyne  
Miss Li  
Ms McMahon  
Mrs McCracken  
Mr Baltesch,  
Ms James  
Mrs Fotokoupolos

**Librarian** - Mrs Griffiths

### Administration Staff

Mrs Rolls - SAM  
Mrs McQuillan  
Mrs Taylor  
Mrs Ryan

**General Assistant** - Mr Brown

### School Learning Support

#### Officers

Mrs Rokobauer  
Mrs Thomas  
Mrs Sanders  
Mrs Curtis  
Mrs Galka  
Mrs Powell  
Mrs Eade  
Mrs Wood

#### Psychologist

Mrs Cunningham and Mrs Marsh

# 2020 SCHOOL TERM DATES

<b>Term 1 Begins</b>	Wednesday 28 January
<b>Term 1 Concludes</b>	Wednesday, 8 April
<b>Term 2 Begins</b>	Monday 27 <sup>th</sup> April
<b>Term 2 Concludes</b>	Friday, 3 July
<b>Term 3 Begins</b>	Tuesday, 21 July
<b>Term 3 Concludes</b>	Friday, 25 September
<b>Term 4 Begins</b>	Monday, 12 October
<b>Term 4 Concludes</b>	Wednesday, 16 December



*"Don't give up! I believe in you all! A person's a person, no matter how small!" Dr. Seuss*

## CAR PARK SAFETY / BIKES

Can I please remind all parent/carers of the importance of not walking their children through the staff car park. Only use designated pathways.

This is for the safety of all students staff and visitors.

Please remember that if your child is riding a bike or scooter to school they must wear a helmet. Students are requested to get of their Bike/Scooter at the school fence and walk them in.

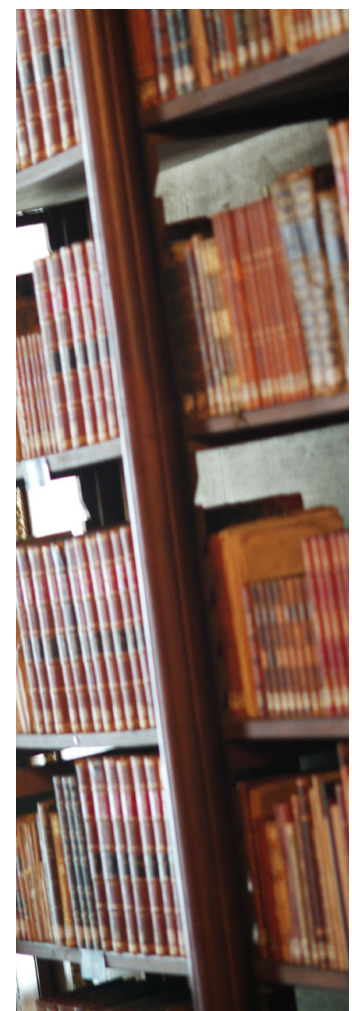
There is a holding bay for them between the Year 5 and Year 6 classrooms.

### **Safety concerns**

At the front of the school, it is a concern for the number of students who are running out onto the road to access cars, some of which are still moving. Please ensure:

- Your car is legally stopped and parked.
- Remind your child to cross on the crossing if needed.
- Children should always get into your car on the passenger side – not going onto the road to get into the car.
- Please never call out across the road to your child as children don't always look for cars but run out to you.

Safety of your child is our priority.



# Congratulations to our Award Recipients



## **Principals Award**

<u>Week 6</u>			
Sinead M.	6X	Nirvan B.	3B
Sebastian E.	4C	Daniella M.	3V
Emann K.	4Y	Lillianna H.	3S
Domonic B.	5J	McKenzie P.	6J
Jeremy W.	4C	Noah J.	3S
Sanya S.	3S	Riley B.	6X
Storm C.	3V	Harteg S.	3B
Addison O.	4V	Matthew A.	6X
Sienna O.	4Y	Harrison O.	5J
Hayden W.	3S	Knox S.	3B
Elijah D.	2K	Tyler L.	1H

## **Honour Awards**

<u>Week 6</u>			
Hayden W.	3S	Knox S.	3B
Sienna O.	4Y	Matthew A.	6X

## **Medallion**

Matthew A.	6X		
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# Packing a healthy lunchbox



With the unpredictable nature of our day to day lives, preparing and packing a healthy lunchbox can be a difficult task. Finding time to shop and prepare interesting and healthy meals for school lunches can be stressful. But the foods we send to school with our kids can contribute up to 1/3 of their daily intake of nutrients. So it's important to pack a balanced lunch to ensure they're getting the nutrients they need.

## Things you need to know:

### What is in a balanced lunchbox?

Pack the core 4 + 1 for active kids

- Main Lunch
- Core Snack
- Piece of fruit (seasonal)
- Water with an additional small reduced fat milk drink or 99% fruit juice (aim for <200ml serve) for added variety throughout the day
- +1 Extra snack for active kids

Add extra core snacks or one small 'extra' pre-packaged snack **once a week**.

Keep "occasional" foods such as snack food bars, sweet biscuits, flavoured or coated popcorn and savoury biscuits and chips out of the lunch box. Although they can offer a practical convenient solution for lunchboxes, they should not replace the core snack and should be kept for special occasions. Avoid including the ones with added confectionery and opt for wholegrain varieties packed full of whole foods you can see with your eyes.

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